

USA GIRL SCOUTS (SINGAPORE) OVERNIGHT CAMP 2018
Mandatory Equipment List ("Camp Must Haves")

Packed for Camp (tick)	<p align="center">**PLEASE LABEL GIRL'S NAME ON ALL BELONGINGS**</p> Item:	Packed for Home (tick)
	Three changes of clothes: 1) One set you can get wet and muddy 2) One set for Saturday 3) One set for Sunday	
	One set of lightweight long pants and long-sleeved shirt to wear at the campfire and for night activities	
	Three changes of underwear	
	Three pair of socks	
	One pair of sturdy sneakers (for outdoor activities) - THESE WILL GET WET & DIRTY!	
	One pair of flip-flops (for shower ONLY). Must not be worn outside.	
	Pajamas	
	Personal Items/Toiletries: shower soap & shampoo, toothbrush and toothpaste, hairbrush, comb & hair ties. If needed: deodorant, sanitary supplies, eyeglasses/contact lenses & supplies.	
	(2) towels for showering and washing faces/hands	
	Eating Utensils: Everyone must bring their own plate, bowl, cup, fork, spoon, and preferably a mesh bag to carry everything in. (These can be purchased at several outlets i.e. Beach Road Army Market, Decathlon, Giant at Turf City, Outdoor Life, Adventure World, or Adventure 21, to name a few.)	
	Water bottle (preferably with a carry strap)	
	Flashlight/torch or headlamp (AND spare set of batteries)	
	Insect repellent	
	Sunscreen ("AfterSun" lotion optional)	
	Hat to protect you from the sun	
	Sit Upon (a small cushion/pad, preferably waterproof, to "sit upon" around the Camp Fire)	
	Bedding: Girls will be sleeping on bunk beds that are wooden planks. Please bring a sleeping bag / bedroll or camp mattress to soften the bunk, a light blanket or sheets for a single bed.	
	Pillowcase & Pillow. this is <u>not</u> provided by the camp, please bring your own!	
	Small soft toy for bedtime (optional or if needed)	
	SWAPS (optional): approximately 10-15 pieces; and a lanyard, cotton hat or small fabric bag on which to pin them.	

	Campfire Ashes (optional): if your daughter has attended camp before, she can bring her bag of ashes from a previous year for the Saturday evening campfire ceremony.	
	3 plastic bags, or a waterproof laundry bag, for wet/dirty clothes	
	Duffel bag, backpack or small suitcase to carry everything; Girl Scout must be able to carry it by herself up to 500 meters.	
	A reading book and playing cards (both optional)	
	Prescription Medication: All medications need to be turned into the Camp Nurse in a zip-lock bag labeled with your child's name. If any prescription(s) or health information change before Overnight Camp begins on 04-March-2016, please email updated information to gsocamp@gmail.com immediately!	
	Special Diet Foods: If Girl Scout requires special/prescribed foods, please contact gsocamp@gmail.com as soon as possible to make special arrangements. Girl Scouts must not bring food of any type (including snacks or sweets!) to camp.	

DO NOT BRING:

- Food of any type (Ants! Ants! Everywhere!)
- Electronics (iPods/iPads, cell phones, radios, electronic games, etc.)
- Over-the-counter Medications (Antihistamines, Panadol, Tylenol, etc. These must be administered by the Nurse if required)