

Brownie Journey in a Day

11 March

Each girl must fill in the attached form and hand it in at the Brownie Journey in a Day. All donations will be counted and sent to the **Food from the Heart**. (<https://foodheart.org/>)

Food from the Heart (FFTH) is a non-profit charity that feeds the hungry through its food distribution program. It was established in February 2003 after Singapore-based Austrian couple Henry and Christine Laimer read a report in The Sunday Times about bakeries discarding their unsold bread. Stirred, they then decided to channel surplus food from bakeries to those in need.

FFTH started with 120 volunteers in 2003. As of 2017, they work with over 1,700 volunteers, and reach 35,500 beneficiaries across Singapore.

Mission

To reach out to the less-fortunate and brighten their lives by alleviating hunger through a food distribution program and bringing joy through the distribution of toys and birthday celebrations.

No Child Should Go Hungry in Singapore

The School Goodie Bag Program in a nutshell: Food from the Heart works with schools to identify their most needy students, then provides monthly supplies to help their families make ends meet.

The Issue

There are children in Singapore who experience pangs of hunger every day and are unable to change their own situation. These children who do not receive enough nutrition become susceptible to illness, have a harder time concentrating in school, and may eventually feel demoralized. The School Goodie Bag program was created to provide relief to needy school children and their families in the form of food rations.

Count Your Blessings Luxury Tax Form

| My Blessing and Price | Tax | My Bill |
|---|-----------------------|---------|
| I eat ___ balanced meals every day | 1 dollar per meal | |
| Four servings of fresh fruits and vegetables are available for me to eat every day. | 1 dollar | |
| I live in a comfortable home. | 1 dollar | |
| We have ___ TV sets. | 50 cents per TV set | |
| Our house has ___ air con units | 20 cents per unit | |
| I have ___ pets. | 50 cents per pet | |
| I have been a Girl Scout for ___ years. | 50 cents per year | |
| I have a loving family of ___ members. | 50 cents per member | |
| I have an IPod/MP3 Player/iPad/ Tablet/ camera of my own. | 1 dollar per device | |
| I own a mobile phone | 1 dollar | |
| My parents own ___ car(s). | 2 dollars per car | |
| I go to school or am educated in any sort of way | 1 dollar | |
| I own ___ pairs of shoes | 50 cents per pair | |
| I speak/am learning ___ languages. | 1 dollar per language | |
| I travelled on an airplane ___ times in the last 12 months. | 1 dollar per trip | |
| I have been to ___ different countries | 50 cents per country | |
| I have ___ computers/laptops in my house. | 1 dollar each | |
| I take ___ after school activities | 50 cents per activity | |
| I get ___ tuition hours in a week | 50 cents per hour | |
| I celebrate my birthday with friends and cake | 2 dollars | |
| I have ___ stuffed toys | 10 cents per toy | |
| I have my own room | 1 dollar | |
| There are ___ bicycles/tricycles, scooters or skateboards in my house. | 50 cents each | |
| I eat out ___ times a week. | 50 cents per meal | |
| I get an allowance. | 2 dollars | |
| My Grand Total | | |